



SIR MOHAMED YUSUF SEAMEN WELFARE FOUNDATION

# Training Ship Rahaman

Entrepreneurship Program For Skill Enhancement MARCH 2024

## Training Ship Rahaman

Training Ship Rahaman was established in 1910 and it has entered its 114th year of existence, suffice to say that it is the Oldest maritime training and scholastic Institution preparing young students, irrespective of their caste, creed, color and gender for a career in the maritime sector of the Country.

T S Rahaman has been delivering quality maritime education from last 114 years. In line with the NEP, a few progressive schools have introduced Entrepreneurship Program for Skill Enhancement for all grades. At TSR we have tried to achieve the Skill Enhancement of our students and to adhere to the new guidelines from NEP, we have introduced various programs.

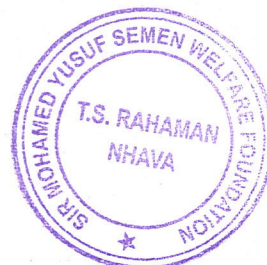
Vasundhara Jakka is a seasoned corporate behavior and attitude trainer with more than three decades experience in multiple domains & impacted more than 50k participants, with few signature workshops like negotiation skills, influencing skills and breakthrough conversations.

She is known for her energy, connect and experiential expertise.

Conducted workshops for students, Corporate Executives managers and MSME Entrepreneurs. Been Speaker at MACCIA, Rotary Clubs, BNI Forums, Pharma/ Engg. Colleges.

A Pharma graduate, with Post Graduation in HA from Symbiosis University. She is NLP practitioner, done Tony Robbins 'Unleash Your Potential' based on NLP and Holds Certification from WOB.

Entrepreneurship Program for Skill Enhancement conducted for BSc MHS & BACA & BSc NS Cadets on 19<sup>th</sup> March 2024 at 9.00 am in TSR campus.



*Deshmukh*  
**Dr. Pankaj Deshmukh**  
IQAC Coordinator  
Training Ship Rahaman



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## Language & Communication Workshop

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T S Rahaman has been delivering quality maritime education from last 113 years. Training ship Rahman has identified this aspect and formed a English language lab where students are taught on our software for better communication. We have dedicated English teacher and we also take additional classes on Sunday for students who need additional help. We are also engaging outside faculties who can help in better communication.

By communicating effectively through the good use of language skills, we can explain and understand each other's perspectives. Similarly, a person speaking more than one language has a greater ability to see another person's perspective. This becomes an important skill that comes in handy during negotiations.

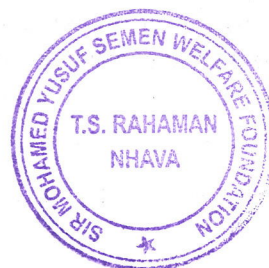
By using the correct terms, information can be conveyed between members of a ship. It even ensures that 2 captains who speak different native languages can still understand each other.


English is the most widely spoken language in the world, if you count both native and non-native speakers. Therefore it makes sense that it is the official language of the maritime industry. If everyone is speaking the same language and using the same terminology it makes sense that communication will be clearer.

In the maritime industry, being able to communicate effectively and preventing intercultural misunderstandings can be a matter of life and death. Considering that this industry is extremely global with people from different parts of the world working together. For maritime professionals, there are three important aspects when at sea – avoiding conflicts, staying motivated and improving work processes.

Moreover, quite often seafarers have to deal with issues such as ego clashes, language and culture barriers, monotony, homesickness, mental and physical stress among several others. As a consequence, effective functioning of the team through good communication and leadership is very important for the smooth implementation of teamwork.

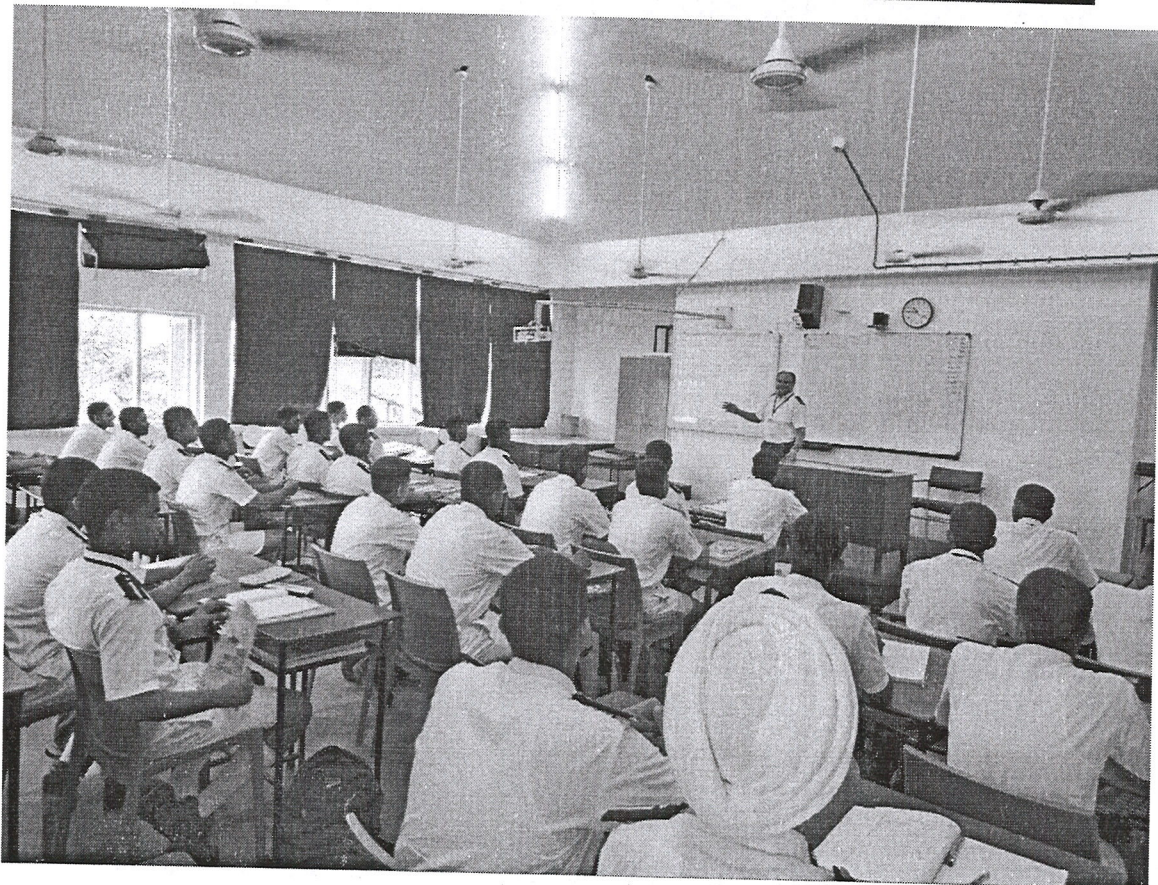
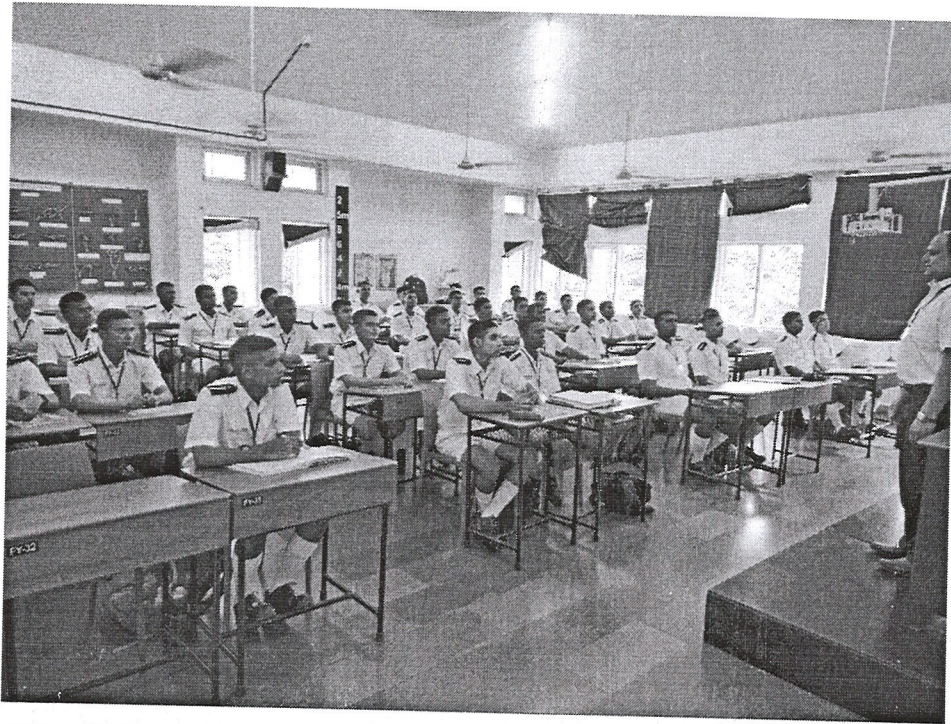
B.Sc. (NS), BSc MHS & BACA students attended “Language & Communication Workshop” on 29<sup>th</sup> November 2023.



  
**Dr. Pankaj Deshmukh**  
IQAC Coordinator  
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# Training Ship Rahaman

## INTERNATIONAL YOGA DAY

### Training Ship Rahaman

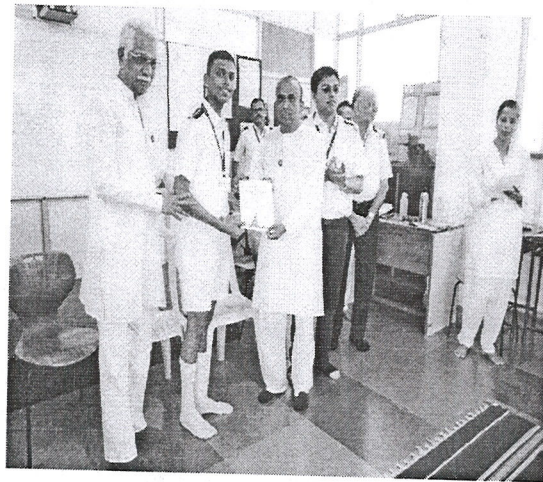
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T S Rahaman has been delivering quality maritime education from last 114 years. To combat these difficulties Training Ship Rahman thought of giving training to the young minds in their starting career with some tools which can help them to combat these stresses and that's how the idea generated to start yoga training for cadets and ratings. Training ship Rahman partnered with Shri Ambika you put it and started three monthly training programme for all cadets and ratings

According to classification, shipping jobs or working at sea has been classified as one of the ten most dangerous jobs in the world. Although as an outsider it might sound surprising (considering how people think of it as a “glamorous” job), ask a seaman and he would enumerate various difficulties attached with the job. Like:

- Staying Away from Family, Untimely Sign-Offs:
- Ship Safety in Unpredictable Weather:
- Never-ending Pirates and Piracy:
- Maintaining Interpersonal Relationship
- Monotony and Lack of Extra-curricular activities
- Work schedule - No rest etc.

International Yoga day was celebrated on 21<sup>st</sup> June 2022 by Shri Ambika Yoga Kutir



*Pankaj Deshpande*  
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## ICT WORKSHOP

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Mrs. Ashwini Deshmukh Conducted ICT Workshop on 16<sup>th</sup> Feb 2024.



  
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IQAC Coordinator  
Training Ship Rahaman