

## Eco-Friendly Practices in Culinary Operations

1. Fast casual restaurants does not offers:-
  - A. Disposable Dishes
  - B. Flatware
  - C. Upscale ingredients
  - D. Fine dine
  
2. Family style dining ,also known as :-
  - A. Casual style dining
  - B. Fast casual dining
  - C. Fine dining
  - D. Café or bistro
  
3. Family style dining does not offers:-
  - A. Mix of classics cuisines
  - B. Table side services
  - C. Non-disposable dishes
  - D. Fine dine menu and expensive service's
  
4. Processing techniques such as cleaning, grading, de hulling and milling are used as a first step in the processing of most grains.
  - A. Primary
  - B. Secondary
  - C. Initial
  - D. First
  
5. One of the most promising technological approaches to reduce environmental footprint in food processing is the use of\_\_\_\_\_.
  - A. Biological
  - B. Enzymes
  - C. Food
  - D. Concentrations.

6. The priority concern in food processing is \_\_\_\_\_ safety.
- A. Water
  - B. Food
  - C. Soil
  - D. Farm
7. \_\_\_\_\_ is a critical unit operation in the processing of many bulk and packaged food products and ingredients.
- A. Cooling,
  - B. Drying,
  - C. Enhancing,
  - D. Recovering
8. \_\_\_\_\_ saving has been considered one of the most significant areas of environmental management in the hotel industry.
- A. Power,
  - B. money,
  - C. Energy,
  - D. Cost.
9. Since the oil crisis in the \_\_\_\_\_ there is an understanding that dependence on fossil fuels needs to be reduced.
- A. 1970,
  - B. 1986,
  - C. 1956,
  - D. 1947.
10. \_\_\_\_\_ Air quality is also of importance in any green hotel program.
- A. Outdoor
  - B. Indoor
  - C. Internal
  - D. External

11. Many small \_\_\_\_\_ operators have very little interest in reducing recycling waste believing too expensive and time consuming.

- A. Hotel,
- B. restaurant,
- C. Kiosk,
- D. Fine dining.

12. A \_\_\_\_\_ certified hotel provides benefits to the environment through efficient practices.

- A. LEED,
- B. BREEM,
- C. Eco-friendly,
- D. Ecotel.

13. \_\_\_\_\_ Travel offers experiences in nature for city dwellers and most importantly in a clean environment.

- A. Green travel,
- B. Air travel,
- C. Rail travel,
- D. Sea travel

14. Avoid using air conditioning for cooling until the temperature exceeds \_\_\_ - \_\_\_C.

- A. 25-26,
- B. 26-27,
- C. 23-24,
- D. 19-20

15. A temperature of \_\_\_\_\_ c is ideal it provides comfortable hot water and is enough to kill legionella bacteria.

- A. 60°C,
- B. 70°C,
- C. 80°C,

D. 90°C

16. \_\_\_\_\_ Conservation is the preservation, control and management of water resources.

- A. Air,
- B. Resource,
- C. water,
- D. liquid

17. Generally, \_\_\_ and \_\_\_ energy sources are natural, abundant and considered clean and environment friendly.

- A. Wind power,
- B. B Solar energy,
- C. light,
- D. D Sunlight

18. Choose \_\_\_\_\_ over granite for longevity and function in your kitchen counter tops.

- A. Granite,
- B Wooden,
- C. quartz,
- D. Stone

19. Recent surveys show that consumers are willing to pay more for \_\_\_\_\_ dining, with a full seven out of 10 consumers noting that they are "very interested" in restaurants that try to protect the environment.

- A. Clean Dining,
- B. Green Dining,
- C. Organic dining,
- D. Eco-friendly dining.

20. \_\_\_\_\_ is a process in which your existing kitchen cabinet framework is resurfaced with laminate or wood veneer.

- A. Re-face,
- B. Resurfacing,
- C. conservation,
- D. Management.

21. \_\_\_\_\_ products have better sustainability practices and the materials they produce are extremely durable.

- A. Quartz and Korean,
- B. Cost and Corian,
- C. Quartz and Corian,
- D. Wood.

22. Recycled wood, recycled tile materials, and even cork and linoleum, are all great options for a more \_\_\_\_\_ friendly kitchen design.

- A. environmentally,
- B. Modern,
- C. water,
- D. Light.

23. For your kitchen, you should also consider using recycled materials or \_\_\_\_\_ to creatively reuse old materials.

- A. up cycling,
- B. up climbing,
- C. Upper hand,
- D. Down hand

24. \_\_\_\_\_ configuration is ideal for small areas where only one or two employees are working. One disadvantage of this configuration is that straight line flow through the area is not possible.

- A. U shaped,
- B. V shaped,
- C. T shaped,
- D. I shaped.

25. \_\_\_\_\_ arrangement utilizes two straight lines of equipment and work places where the front face each other and are separated by an aisle space.

- A. Parallel face to face arrangement,
- B. Parallel face to back arrangement,
- C. Parallel back to face arrangement,
- D. Parallel back to back arrangement